



# EYEBROW AFTERCARE



Congrats on your new brows!

Follow these steps to protect your investment!

Page 1.....Aftercare Instructions (Week 1)

Page 2.....What To Expect

Page 3.....What To Avoid

Page 4.....Follow Ups/Long Term Care/Contact Info

## WEEK 1 - CARE INSTRUCTIONS

### DAY 1: ABSORB, WASH, MOISTURIZE

- Use a damp paper towel to gently absorb fluid from brows every 10 min. (This needs to be done so the fluid does not dry up and form a crust on the eyebrows).
- Wash & moisturize brows once before bed. (follow instructions below)

### DAYS 2-7: WASH & MOISTURIZE

- Using a clean finger or cotton swab, gently cleanse the brow area with lukewarm water and a mild, fragrance-free soap (such as Dial liquid antibacterial soap) in circular motions for about 10 seconds, 2-3x daily. Be gentle!
- Rinse (with fingers or cotton swab) until soap is completely rinsed away. Let air dry or very GENTLY pat area dry with a clean towel.
- Once brows are clean and dry, apply a RICE GRAIN amount of aftercare product with a clean finger or a cotton swab.
- Gently massage the product into the brows just as you would a lotion into your skin. A little goes a long way!
- You shouldn't need to use the whole packet of aftercare product after one session.
- NOTE: Keep brows clean & do not touch unless you are washing them with clean hands. Apply lotion 3-4x daily or as needed.

## WHAT TO EXPECT

- Immediately after your procedure, brows appear bold and defined.
- Slight swelling, redness, tenderness, and clear fluid may be noticeable in the tattooed area for 24 hours after procedure. (Some people may have more fluid seeping than others. Everyone responds differently.)
- BE PATIENT during your healing process. We are building new brows and that takes time. Each session adds a new layer to be built upon to achieve the results you want.
- After a few days, your brows may begin to flake & itch. DO NOT PICK! Let the skin flake off naturally. DO NOT SCRATCH! If they get too itchy, CAREFULLY tap with pads of your clean fingers. DO NOT use your nails.
- After the skin naturally sheds off, the brows may seem faint underneath. THIS IS NORMAL. This happens because a fresh layer of skin has formed over the brow tattoo. Give your brows a few weeks and the ink will gradually show back through.
- It takes 6-8 weeks for skin to fully repair itself and for ink to resurface.
- Do not expect your brow tattoos to heal perfectly after the first session. This is a 2 step (sometimes multiple step) process.

## MICROBLADING EMOTIONS



### DAY 1:

OMG! I'm in love with my new brows. Thank you!



### DAY 2-4:

I don't like this color, it's too dark.



### DAY 5-7:

Oh no! My brows are scabbing and falling off!



### DAY 8-10:

Ummm...  
My brows are gone!



### DAY 14-28:

Sweet! My brows are coming back! Still looking a little patchy and uneven.



### DAY 42: (after touch-up)

Awww, they are beautiful!  
I love them!

## WHAT TO AVOID

- DO NOT submerge your tattoo in water for 2 weeks.
- DO NOT go on sunny vacations, spend long periods of time outside without a hat or sunglasses, or go tanning for 4 weeks. UV Exposure can alter the color of your brows & your brows WILL FADE. Wear a hat and sunglasses if you must be outside when your brows are healing.
- DO NOT use cleansers, ointments/creams, masks, scrubs, makeup, or any other product on brows when healing.
- Wash brow area separately from the rest of your face for ONE WEEK to avoid infection/irritation from other products.
- DO NOT apply ANY makeup on brow area, your forehead, or above eyelids for ONE WEEK to avoid risk of infection/irritation.
- DO NOT exercise or sweat for 10 days. Sweating may infect, discolor, or prematurely fade your brow tattoo.
- Avoid sleeping on your face for 10 days & sleep on a fresh pillow case.
- DO NOT go into saunas, pools, hot tubs or environments with steam for 2 weeks.
- Be careful to not soak them in the shower. Avoid excessive rinsing, hot water, and hair products on your brows for 10 days.
- DO NOT get massages, facials, botox or any skin treatments during the healing process.
- NO waxing, threading, tweezing or tinting brows for 4 weeks after procedure.
- DO NOT use Vaseline, Neosporin, or any petroleum-based ointments or jelly products on your brows. Only use the lotion I provide for healing your brows!
- DO NOT use exfoliants, scrubs, masks, Retinol, AHA's/BHA's, glycolic or lactic acid ingredients on the forehead or brow area for 30 days after the appointment.
- \*\*\*\*Check the ingredients of your makeup and skin care products such as face wipes, cleanser, toner, serum, moisturizer and sunscreen. Most anti-aging and anti-acne products contain acids. (If in doubt, please contact me before using a product on your eyebrows!)

## FOLLOW UP APPOINTMENTS

- This is (at least) a 2-step process. The First Session is used to create a base shape and symmetry. The Second Session (Follow Up Session) is used to perfect the brows and add density.
- Some clients skin may have a harder time retaining pigment and may require additional sessions.
- It is your responsibility to book your Follow-up appointments and properly PREPARE YOUR SKIN & FOLLOW ALL AFTERCARE INSTRUCTIONS EVERY TIME YOU GET TATTOOED.

## LONG TERM CARE | AFTER THEY ARE HEALED

- Use sunscreen or moisturizer with SPF to protect your brows from premature fading.
- Avoid chemical exfoliants, peels, microdermabrasion directly on the brows. Any type of exfoliating directly on your tattoo WILL make it fade.
- Avoid laser light therapy on your brow tattoo. This can darken, lighten, and distort the pigment.
- Brow tattoos gradually fade and become less defined over time. However, they are not guaranteed to fade away completely; traces of the tattoo may never fully disappear.
- Touchups are recommended to maintain your desired results. This depends on the person, but in general, every 1-3 years.
- Protect them from damage (i.e. picking/scratching, friction/rubbing, sleeping on your face, sun exposure, submerging in water, and/or any products other than your aftercare lotion.)
- Moisturize brows as needed if they become dry.
- After applying makeup, use a Q-tip to wipe foundation or powder off of brows to make them stand out more.

QUESTIONS? Contact me!



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Mon-Wed / Fri-Sat  
12pm-8pm